

INFORMATION FOR PARENTS RE: ZONE ATHLETICS CARNIVAL ENTRIES.

Each year the Port Hunter Zone hosts the Zone Athletics Carnival. Each centre is allocated duties that they must fill over the weekend to allow the carnival to precede, much like a normal Saturday morning meet at our centre. The number of duties that are allocated depends on the number of children that attend from each centre. The duties could include Time Keeping, Place Judging on the finish line, helping at one of the throws or jumps, or doing a stint in the Canteen or helping in the computer room, just like you do every Saturday.

The Track Duties are usually about 2-3 hours, the Field Duties last for the length of time for the event/s that you are rostered on for and the Canteen duties last about 1 hour. Our committee will make up a parent's roster once entries are received and we know which duties are allocated to our club. This will be displayed at the Centre and time will be given for parents to request changes if necessary.

Parents are required to pay a \$50 refundable deposit per child to a maximum of \$100 per family for those who are entering Zone. For those athletes who have not qualified for region, the deposits will be refunded at the next centre meet following Zone to each family who has completed their rostered duties at the Zone Carnival. If your child has qualified for region your deposit will be refunded after you have done your duty at region. If someone is rostered on to do a duty and they do not turn up they will forfeit their money and the person who has had to do extra duties because of this will be given the money.

Please note that if you did not have a duty originally and you fill in for someone this will be considered your duty, and you will not be entitled to the additional \$50.

PORT HUNTER ZONE CHAMPIONSHIPS

Will be held at **Tom Payne Oval - Mallabula Sports Complex, Lemon Tree Passage Road, Mallabula on Saturday 15 & Sunday 16 November hosted by Port Stephens Athletics.** This is the first of two qualifying Championships for athletes to be eligible to compete at the State Championships. 7 age groups compete no further than the Zone Championships and 8 athletes compete no further than Region. The first three finalists in each event at Zone Championships compete at the **Regional Championships** to be held on **Friday 13 to Sunday 15 February 2025 at the Maitland Athletics Field.**

7 -12 can only compete in 4 events, and they need to nominate the 4 events in which they wish to compete

13 - U/20 may compete in 6 events and they need to nominate up to 6 events in which they wish to compete.

PARENTS ARE REMINDED THAT IF THEIR CHILD IS COMPETING AT ZONE, THEY WILL BE REQUIRED TO DO AT LEAST ONE DUTY AS A HELPER AT SOME TIME OVER THE WEEKEND EITHER ON THE FIELD, IN THE COMPUTER ROOM OR IN THE CANTEEN. THIS IS A REQUIREMENT OF THE PORT HUNTER ZONE COMMITTEE.

PLEASE COMPLETE THE ONLINE ENTRY BY 8:00PM 3 NOVEMBER 2025.

******* CHECK NOTICE BOARD FOR HIGH JUMP - STARTING HEIGHTS*******

PLEASE BE AWARE THAT EVENTS MAY BE HELD ON DIFFERENT DAYS

7		8		9	
<u>Saturday</u>	<u>Sunday</u>	<u>Saturday</u>	<u>Sunday</u>	<u>Saturday</u>	<u>Sunday</u>
500m	70m	60mH	700m	60mH	700mW
100m	200m	100m	70m	100m	70m
50m	L.J.	400m	200m	400m	200m
Boys - Disc	Girls - Discus	Girls - Disc.	Girls - S.P.	Girls - H.J.	800m
Girls -SP	Boys - SP	Boys - S.P.	Boys - Disc	Girls - S.P.	Girls - L.J.
		LJ		Boys – Disc	Girls - Disc
				Boys – L.J.	Boys – H.J.
					Boys – S.P.

10

<u>Saturday</u>	<u>Sunday</u>
60mH	1100mW
100m	70m
400m	200m
Girls – Disc	800m
Girls -L.J.	Girls – H.J.
Girls - Disc	Girls -S. P.
Boys - HJ	Boys - Disc.
Boys – S.P.	Boys - LJ

11

<u>Saturday</u>	<u>Sunday</u>
1500m	1100mW
100m	200m
400m	800m
80mH.	Girls - Jav
Girls - S.P.	Girls - L.J
Girls - HJ	Girls - Disc
Girls - T.J.	Boys – T.J
Boys - Jav	Boys – H.J
Boys – LJ	Boys - S.P
Boys – Disc	

12

<u>Saturday</u>	<u>Sunday</u>
1500m	1500mW
100m	200m
400m	800m
80mH.	Girls - Disc
Girls – H.J.	Girls - Jav
Girls – T.J.	Girls – L.J.
Girls – S.P.	Boys – T.J.
Boys – Disc	Boys – S.P
Boys – L.J.	Boys – H.J.
Boys – Jav	

13

<u>Saturday</u>	<u>Sunday</u>
200mH	1500mW
1500m	Boys – 90mH
100m	200m
400m	800m
3000m	Girls - Disc
Girls – 80mH	Girls – Jav
Girls – L.J.	Girls – T.J,
Girls –H. J.	Boys – L.J.
Girls – S. P.	Boys – S.P.
Boys –T.J.	Boys – H.J..
Boys –Jav.	
Boys – Disc.	

14

<u>Saturday</u>	<u>Sunday</u>
300mH	Girls – 90mH
1500m	Boys – 100mH
100m	1500mW
400m	200m
3000m	800m
Girls – L.J.	Girls – H.J.
Girls – S. P.	Girls - Disc
Girls – Jav.	Girls – T. J.
Boys – H. J.	Boys - Jav
Boys – Disc.	Boys – L. J.
Boys – T.J.	Boys - S. P.

15

<u>Saturday</u>	<u>Sunday</u>
300mH	Girls - 90mH
1500m	Boys – 100mH
100m	1500mW
400m	200m
3000m	800m
Girls – Disc	Girls - Jav
Girls – H. J.	Girls – L.J.
Girls - T.J.	Girls – S.P.
Boys - Jav	Boys – H.J..
Boys – L. J.	Boys – Disc
Boys – S. P.	Boys – T.J.

16

<u>Saturday</u>	<u>Sunday</u>
400mH	Girls - 100mH
1500m	Boys – 110mH
100m	1500mW
400m	200m
3000m	800m
Girls – Disc	Girls – L.J.
Girls – T. J.	Girls – S.P.
Girls – H.J.	Girls – Jav
Boys – S.P.	Boys – Disc
Boys – L. J.	Boys – T.J.
Boys – Jav.	Boys - H.J.

17

<u>Saturday</u>	<u>Sunday</u>
400mH	Girls - 100mH
1500m	Boys – 110mH
100m	1500mW
400m	200m
3000m	800m
Girls – Disc	Girls – L.J
Girls – T. J.	Girls – S.P
Girls – H.J.	Girls – Jav
Boys – S.P.	Boys – Disc
Boys – L. J.	Boys – T.J.
Boys – Jav.	Boys - H.J.

UNDER 20

<u>Saturday</u>	<u>Sunday</u>
400mH	Girls - 100mH
1500m	Boys – 110mH
100m	
400m	200m
3000m	800m
Girls – Disc	Girls – L.J
Girls – T. J.	Girls – S.P
Girls – H.J.	Girls - Jav
Boys – S.P.	Boys – Disc
Boys – L. J.	Boys – T.J.
Boys – Jav.	Boys - H.J.

QR Code for Zone Entries